



Level 7-10 Southern California State Championships

March 21-22nd, 2020

Levels 7-10, FIG Group, Advanced Group

- Host Club:** Champion Rhythmics, San Diego CA
- Meet Director:** Masha Kaluzhskaya Weitz
masha@championrhythmics.com
760-212-5262
www.championrhythmics.com
- Meet Coordinator:** Lily Pereverzev
admin@championrhythmics.com
858-496-7522
- Competition Site:** 9586 Distribution Ave Suite C, San Diego CA 92121
- Awards:** According to USAG Rhythmic Rules and Policies. Competitors are awarded ribbons, medals, and trophies based upon AA Placement.
- Registration:** Please register online at usagym.org AND
http://www.rgform.eu/menu.php?akcia=NP&id_prop=1959
by February 20th. Late Fee \$25/athlete.
All Athletes and Coaches must have active USAG Registration.
- Entry Fees:** Level 7-10 - \$130.
Group - \$100/routine
Non-Refundable.
- Apparatus Program:** FIG categories: Lv. 9, 10 FIG Senior: Hoop, Ball, Clubs, Ribbon, FIG Junior: Rope, Ball, Clubs, Ribbon; Lv. 8: Floor, Ball, Clubs, Ribbon; Lv. 7: Floor, Hoop, Ball, Clubs.
- USA Junior Olympic Program can be found here:
<https://www.usagym.org/PDFs/Rhythmic/Junior%20Olympics/1820handbook.pdf>
- D Forms:** Use http://www.rgform.eu/menu.php?akcia=NP&id_prop=1959 to upload D forms by **March 13th** (you will need to register your gymnasts through the program).



CHAMPION RHYTHMICS



Music: Use http://www.rgform.eu/menu.php?akcia=NP&id_prop=1959 to upload MP3 files for each gymnast **by March 13th** (you will need to register your gymnasts through the program).

Please make sure to use the following file naming convention for the music:

- Club Name – Athlete Name First and Last – Level – Apparatus
- Example: CHR – June Kim – Level 9 Junior – Ball.mp3
- Note: Coaches are asked to have a CD copy available as a backup.

Payments: One check per team payable to *Champion Rhythmics*.
Mail to: 9586 Distribution Ave Suite C, San Diego CA 92121

Event Schedule: Available February 21st, 2020

Admission: \$20/Day Adult, \$10/Day Senior, and \$5/Day Children.

Parking: Free Onsite Parking

Host Hotel: Embassy Suites by Hilton San Diego-La Jolla

Address: 4550 La Jolla Village Drive San Diego, CA 92122

Guests may book by calling reservations at 1 (800) 362 2779 or by following the link below. Code: XCR.

Link for booking (the group code is):

https://embassysuites.hilton.com/en/es/groups/personalized/S/SANLJES-XCR-20200320/index.jhtml?WT.mc_id=POG

Limited amount of rooms available through February 19th:

- **Only \$154 per night**
- **Free WiFi**
- **Complimentary breakfast**
- **Complimentary shuttle to and from the gym**
- **Complimentary Happy Hour for guests 5:30-7:30pm**
- **Indoor swimming pool**





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Other Hotels Nearby: **Extended Stay America San Diego – Sorrento Mesa**
(9880 Pacific Heights Blvd, San Diego, CA 92121).

Hyatt House San Diego – Sorrento Mesa
(10044 Pacific Mesa Blvd, San Diego, CA 92121).

Holiday Inn Express & Suites San Diego-Sorrento Valley
(5925 Lusk Blvd, San Diego, CA 92121).

Comfort Suites San Diego Miramar
(9880 Mira Mesa Blvd., San Diego, CA, 92131).

Best Western San Diego/Miramar Hotel
(9310 Kearny Mesa Rd, San Diego, CA 92126).

Quality Inn San Diego Miramar
(9350 Kearny Mesa Rd, San Diego, CA 92126)

Venue Details: **9586 Distribution Ave, Suite C, San Diego, CA 92121**

- 30 feet ceilings
- TWO Full size warm up carpets
- Additional stretching area
- Free onsite parking
- Free WiFi
- Walking distance to 10 various eateries





CHAMPION RHYTHMICS



Airport:

San Diego International Airport (SAN).

- It's about 17 miles drive from the airport to the gym (25 min).
- Taxi cost is about \$50
- Uber cost is about \$30

Restaurants:

Nearby restaurants:

- Café "Supernatural"
- Ballast Point Brewing and Spirits
- Cutwater
- Seasons 52(UTC)
- Eurika (UTC)
- Tender Greens (UTC)
- P.F.Changs

Local Attractions:

San Diego has plenty of places to see:

- La Jolla Cove
- Sea World
- San Diego Zoo
- Gaslamp District
- Coronado Island
- Belmont Park
- Legoland
- San Diego Harbor (Midway, Maritime Museum).
- Balboa Park

Shopping:

San Diego offers some great shopping areas:

- UTC mall
- Fashion Valley Mall
- Horton Plaza (Downtown)



USA GYMNASTICS.
Sanctioned Event