



To all potential Yule Cup participants,

With great pride, Joyce and I invite you to the 2010 Yule Cup competition. This competition is a wonderful display of what makes our sport beautiful, and we hope you can come and join us. We look forward to your participation.

Levels invited this year are US Level 6, 7, 8, and Levels 9/10. Any lower level international participants will need to be placed into the US Level 6, 7, or 8. More info on these levels upon request.

We will be advising you on the schedule and hotel information in a second mailing as soon as we have the final numbers of gymnasts. NOTE! Please make your travel plans to leave on Monday morning as we will end late on Sunday and Monday is a holiday. The meet schedule will not be changed because of plane reservations.

Please let us know if you have any questions.

We look forward to seeing you at Yule Cup!!

Joyce Chaplin  
Meet Director  
Region 2 Chairperson

Laurie Frank  
Meet Director





# *Yule Cup* *2010*

## *Rhythmic Gymnastic Invitational* JANUARY 16-17, 2010

### YULE CUP TRADITIONS

#### **Yule Cup:**

Started in 1984, the Yule Cup Challenge has been a long-standing tradition in Region II. In addition to hosting teams from across the United States, it has hosted teams from many countries-England, Germany, Czechoslovakia, Japan, and our faithful friends from Australia, New Zealand, and Canada. Every year proves to be a spectacular show of what makes our sport so enjoyable.

Once only a Level 9/10 award, the Yule Cup has been expanded to include Levels 7 and 8. Teams made of 2-3 gymnasts compete for the cups, the winners being the team with the highest all-around score of two of the gymnasts on the team.

The Level 9 & 10 cups have been won by many teams. If a team wins these cups three years in a row, they are allowed to keep the cups permanently.

#### **Teri Bruce Dance Award:**

Teri Bruce was the Northwest's first national team member and she kept that position for eight years, in both individual and group competition. In honor of her high standard of performance in dance and rhythmic gymnastics, an award has been created in her honor. The judge's vote for the gymnast who they think demonstrates excellence in her dance skills among the Level 9/10 Junior and Senior competitors.

Teri set a precedent in rhythmic gymnastics by executing a high standard of dance excellence in all of her rhythmic routines. She also maintained an A average throughout high school and college, during which she was also competing. Ms. Bruce currently lives on the east coast, working for a public relations firm.

### MEET LOCATION

Venue information will be in the second mailing  
Hotel information will be in the second mailing

### MEET FEES INDIVIDUAL

LEVEL 6	\$125.00
LEVEL 7/8/9/10/SR/JR	\$150.00

YULE CUP TEAM	\$15.00/team
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Competition will be limited to the first  
**120 competitors**

**Please reserve early.**

**Please send a \$100 deposit to hold your place.**

**This fee will be deducted from the final entry fees.**

**Checks payable to "Yule Cup"**

### YULE CUP EXPLANATIONS

There are five Yule Cups that will be competed for...

Level 9/10/JR, Level 9/10/SR,

Level 8, Level 7, Level 6

Teams will consist of **3 gymnasts maximum, 2 gymnasts minimum**

Small clubs may combine to make a team if there are not enough gymnasts in that club,  
but only if the other club doesn't have another team competing.

The winner is chosen by the two highest AA scores of the competing gymnasts.

# NOTES

- ★ **Response Deadline: November 30, 2009**
- ★ A second mailing, including entry forms, will go out to those responses received by the above date
- ★ SeaTac Airport, Seattle, WA is the closest available airport-it can be up to 1 hour away from gym and hotels.
- ★ Traditionally, Yule Cup ends late on Sunday. We recommend leaving early Monday. Schedules will not be changed to accommodate plane schedules.
- ★ L9/10 will be according to international divisions-Hopes, Junior & Senior.
- ★ Events for the 2009-2010 Season...
  - SR Rope, Hoop, Ball, Ribbon
  - JR Rope, Hoop, Ball, Clubs
  - L6 RFX, Rope, Ball, Ribbon
  - L7 RFX, Rope, Hoop, Ribbon
  - L8 RFX, Hoop, Ball, Ribbon
- ★ For all Levels, there will be two apparatus competed on Saturday, two competed on Sunday.
- ★ Award Structure
- ★ Individual AA
  - 1-3 earn medals
  - 4-12 earn ribbons
- ★ Apparatus Awards
  - 1-12 earn ribbons
- ★ Teri Bruce Award
  - L9/10/JR/SR-plaque awarded, no age grouping
- ★ Yule Cup Award
  - L9 Junior & Senior Cup, L10 Junior & Senior Cup, Level 8, Level 7, Level 6
- ★ Practice sessions **MAY** be available, depending on how much help is available when setting up the carpet and when we can get into the building.

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Come and Join us for a fun-filled competition  
Please send in this form to let us know that you can come

YES!!! We are coming to Yule Cup 2010!!!

**DEADLINE—November 30, 2009**

Coach: \_\_\_\_\_ Please let us know how many of each level will be coming...  
Club: \_\_\_\_\_ Gymnasts **can not** be added at a later date.  
Contact Person: \_\_\_\_\_ **Individual**  
Contact Address: \_\_\_\_\_ L9/10 SR: \_\_\_\_\_ L8: \_\_\_\_\_  
L9/10 JR: \_\_\_\_\_ L7: \_\_\_\_\_ L6: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ \$100 Deposit to hold place per club  
e-mail: \_\_\_\_\_ CK # \_\_\_\_\_

**Checks payable to "Yule Cup"**

MAIL, EMAIL, OR FAX THIS COUPON BY NOV 30, 2009!!

\*Please note that Laurie no longer has a fax line\*

CONTACTS

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