

**2010 San Diego Invitational**  
Saturday and Sunday January 9 and 10

**Event Schedule for Saturday**

**Please be prepared for the schedule advances and delays.**

**Each session will start as soon as the previous session is over.**

**Each gymnast must turn in her music CDs at registration**

<u>Session 1</u>	<b>7:00</b>	<b>Registration and Warm up Level 6 Group A (17)</b>
7:55 – 8:00		Timed warm up
<u>8:00 – 9:00 (1h)</u>		<u>Competition Level 6A - Floor, Rope</u>
<u>Session 2</u>	<b>8:00</b>	<b>Registration and Warm up Level 6 Group B (14)</b>
9:00 – 9:05		Timed warm up
<u>9:05 – 9:55(50m)</u>		<u>Competition Level 6B – Floor, Rope</u>
<u>Session 3</u>	<b>9:00</b>	<b>Registration and Warm up Level 4 Group A (26)</b>
9:55 – 10:00		Timed warm up
<u>10:00 – 11:05(1h5m)</u>		<u>Competition L4 Group A - Floor, Rope, Ball</u>
<u>Session 4</u>	<b>10:00</b>	<b>Registration and Warm up Level 4 Group B (19)</b>
11:05 – 11:10		Timed warm up
<u>11:10 – 12:00(50m)</u>		<u>Competition L4 Group B - Floor, Rope, Ball</u>
<u>12:00 – 12:30 (30m)</u>		<b>Judges' lunch break, Opening Ceremony, Awards L4, L6</b>
<u>Session 5</u>	<b>11:00</b>	<b>Registration and Warm up L 9/10 SR – (15)</b>
12:30 – 12:33		Timed warm up (Anderson, Guzhangsky, Casillas, Minevich, Chillingworth)
12:33 – 12:36, 12:36 – 12:39		(Skach, Chaney, Ho, McKown, Srisamart) (Radchenko, Recinto, Mo, Kravets, Chumakova)
<u>12:40 – 1:55(1h15m)</u>		<u>Competition L9/10 JR – Rope, Hoop</u>
<u>Session 6</u>	<b>12:00</b>	<b>Registration and Warm up L 9/10 JR (9)</b>
1:55 – 2: 05		Timed warm (Budjinas, Kincaid, Mezheritsky, Cruz, Gulak Rodli, Feldman, Cheng, Buckley)
<u>2:05 – 2:50(45m)</u>		<u>Competition L9/10 JR – Rope, Hoop</u>
<u>Session 7</u>	<b>2:00</b>	<b>Registration and Warm up Level 5 Group A (17)</b>
2:50 – 2:55		Timed warm up L5A
<u>2:55 – 3:50(55m)</u>		<u>Competition Level 5A - Floor, Rope</u>
<u>Session 8</u>	<b>3:00</b>	<b>Registration and Warm up Level 5 Group B (16)</b>
3:50 – 3:55		Timed warm up L5A
<u>3:55 – 4:50(55m)</u>		<u>Competition L5 B - Floor, Rope</u>
<u>4:50 - 5: 10 (20m)</u>		<b>Judges Break and Level 5 and 9/10 Awards</b>
<u>Session 9</u>	<b>4:00</b>	<b>Registration and Warm up Level 7 Group A (14)</b>
5:10 – 5:15		Timed warm up L7 Group A
<u>5:15 – 6:15 (1h)</u>		<u>Competition L7 Group A – Floor, Rope</u>
<u>Session 10</u>	<b>5:00</b>	<b>Registration Level 7 Group B (12)</b>
6:15 – 6:20		Timed warm up L7B
<u>6:20 – 7:20(1h)</u>		<u>Competition Level 7 Group B – Floor, Rope</u>
7:30		Level 7 Awards in Aerobics Room
<u>Session 11</u>	<b>6:00</b>	<b>Registration and Warm up Level 8 Group A (14)</b>
7:20 – 7:25		Timed warm up L 8A
<u>7:25 – 8:25(1h)</u>		<u>Competition Level 8 Group A – Floor, Hoop</u>
<u>Session 12</u>	<b>7:00</b>	<b>Registration and Warm up Level 8 Group B (13)</b>
8:25 – 8:30		Timed warm up L 8B
<u>8:30 – 9:30(1h)</u>		<u>Competition Level 8 Group B – Floor, Hoop</u>
9:40		Awards Level 8. End of the first day

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<u>Session 1</u>	<b>7:00</b>	<b>Registration and Warm up Level 6 Group B (14)</b>
7:55 – 8:00		Timed warm up
<u>8:00 – 8:50 (50m)</u>		Competition Level 6B - <u>Ball, Ribbon</u>
<u>Session 2</u>	<b>8:00</b>	<b>Registration and Warm up Level 6 Group A (17)</b>
8:50 – 8:55		Timed warm up
<u>8:55 – 9:55(1h)</u>		Competition Level 6A – <u>Ball, Ribbon</u>
<u>Session 3</u>	<b>9:00</b>	<b>Registration and Warm up Level 3 (17)</b>
9:55 – 10:00		Timed warm up
<u>10:00 – 10:45(45m)</u>		Competition L3 - <u>Floor, Rope, Ball</u>
<u>Session 4</u>	<b>10:00</b>	<b>Registration and Warm up Groups (3)</b>
10:45 – 11:00		Timed warm up
<u>11:00 – 11:30(30m)</u>		Competition <u>Groups</u>
11:30 – 12:00 (30m)		<b>Judges' lunch break, Awards L3, L6, Groups</b>
<u>Session 5</u>	<b>10:30</b>	<b>Registration and Warm up L 9/10 JR – (9)</b>
12:00 – 12:10		Timed warm up (Budjinas, Kincaid, Mezheritsky, Cruz, Gulak <u>Rodli, Feldman, Cheng, Buckley</u> )
<u>12:10 – 12:55(45m)</u>		Competition L9/10 SR – <u>Ball, Clubs</u>
<u>Session 6</u>	<b>12:00</b>	<b>Registration and Warm up L 9/10 SR (15)</b>
12:55 – 12: 58		Timed warm (Anderson, Guzhansky, Casillas, Minevich, Chillingworth)
12:58 – 1:01, 1:01 – 1:04		(Skach, Chaney, Ho, McKown, Srisamart) (Radchenko, Recinto, Mo, Kravets, Chumakova)
<u>1:05 – 2:20(1h15m)</u>		Competition L9/10 SR – <u>Ball, Ribbon</u>
<u>Session 7</u>	<b>1:00</b>	<b>Registration and Warm up Level 5 Group B (16)</b>
2:20 – 2:25		Timed warm up L5B
<u>2:25 – 3:25(1h)</u>		Competition Level 5B - <u>Hoop, Ball</u>
<u>Session 8</u>	<b>2:00</b>	<b>Registration and Warm up Level 5 Group A (17)</b>
3:25 – 3:30		Timed warm up L5A
<u>3:30 – 4:30(1h)</u>		Competition L5 A - <u>Hoop, Ball</u>
4:30 - 4: 50 (20m)		<b>Judges Break and Level 5 and 10 Awards</b>
<u>Session 9</u>	<b>3:30</b>	<b>Registration Level 7 Group B (12)</b>
4:50 – 4:55		Timed warm up L7 Group B
<u>4:55 – 5:55 (1h)</u>		Competition L7 Group B – <u>Hoop, Ribbon</u>
<u>Session 10</u>	<b>4:30</b>	<b>Registration Level 7 Group A (14)</b>
5:55 – 6:00		Timed warm up L7A
<u>6:00 – 7:00(1h)</u>		Competition Level 7 Group A – <u>Hoop, Ribbon</u>
7:30		Level 7 Awards in Aerobics Room
<u>Session 11</u>	<b>5:30</b>	<b>Registration Level 8 Group B (11)</b>
7:00 – 7:05		Timed warm up L 8B
<u>7:05 – 8:05(1h)</u>		Competition Level 8 Group B – <u>Ball, Ribbon</u>
<u>Session 12</u>	<b>6:30</b>	<b>Registration Level 8 Group A (15)</b>
8:05 – 8:10		Timed warm up L 8A
<u>8:10 – 9:10(1h)</u>		Competition Level 8 Group A – <u>Ball, Ribbon</u>
9:20		Awards Level 8. End of the event