

**Directions to the Gym**  
**Lawrence Family Jewish Community Center**  
**4126 Executive Drive La Jolla, CA**  
**Tel: (858) - 457-3030**

**From Los Angeles**

Take Interstate 5 South toward San Diego.

Exit on GENESEE Ave. Turn Left on GENESEE AVE. \*\*\*

**From the S.D. Airport**

Take Interstate 5 North toward LA.

Exit on GENESEE Ave. Turn Right on GENESEE Ave. \*\*\*

**From the Hampton Inn (travel time 7 min)**

Start at 11920 EL CAMINO REAL, SAN DIEGO - go 0.1 mi

Turn Right on CARMEL VALLEY RD - go 0.3 mi

Turn Left to take I-5 SOUTH towards SAN DIEGO - go 3.2 mi

Exit on GENESEE Ave. Turn Left on GENESEE AVE. \*\*\*

\*\*\* Drive about 1.3 miles and Turn Right on EXECUTIVE DR. Park in the parking lot.

There is a parking lot on the other side of the building.

**Directions to the Hampton Inn - Del Mar Hotel**  
**11920 El Camino Real, San Diego, CA 92130**  
**Tel: (858) 792-5557**

**From Los Angeles**

Take Interstate 5 South toward San Diego.

Exit on DEL MAR HEIGHTS ROAD and turn Left (East) - go 0.7 mi.

Turn Right on El Camino Real - go 1.4 mi.

Arrive at 11920 EL CAMINO REAL, SAN DIEGO

**From the S.D. Airport**

Head **north** toward **Airlane Rd**

Slight **left** toward **N Harbor Dr** (signs for **Parking/Terminal Return/Airport exit**)

Slight **left** toward **N Harbor Dr** (signs for **Commuter Terminal/Point Loma/Harbor Island**)

Turn **left** at **N Harbor Dr.**, turn **left** at **W Grape St**, turn **right** to merge onto **I5 S**

Take Interstate 5 North toward LA. \*\*\*

**From the Gym (travel time 7 min)**

Start at 4126 EXECUTIVE DR, LA JOLLA, Turn Right - go < 0.1 mi

Turn Right on REGENTS RD. - go 0.4 mi.

Turn Left on GENESEE AVE - go 0.6 mi

Take I-5 NORTH \*\*\*

\*\*\* Take the CARMEL VALLEY RD exit - go 0.3 mi

Turn Right on CARMEL VALLEY RD - go 0.2 mi

Turn Left on EL CAMINO REAL - go 0.2 mi

Arrive at 11920 EL CAMINO REAL, SAN DIEGO

\*\*\* New directions – in case of traffic on I5

**Take Local By-pass to 56 freeway** and take **Black Mountain Road Exit**

Follow Black Mountain Road all the way to El Camino Real – 0.4 mi.

Turn Left on El Camino Real toward I5 and 56 freeway. Stay on El Camino Real all the way till 56 Freeway, go under the 56, and turn Left on Carmel Valley Road – 1.2 mi

Arrive at 11920 EL CAMINO REAL, SAN DIEGO