

Region 1 Championships

Level 4-6 & Invitational

April 5th & 6th, 2008

COMPETITION SCHEDULE

Saturday, April 5	Start	Finish	Event
Gym Opens	8:00 AM		
Level 5- Group A(15) BRS CAR CLU SOC SGA	9:00	10:00	FLOOR/ROPE
Level 5- Group B(16) CYC EUR GSG GYV LAL NIN	10:00	11:00	FLOOR/ROPE
Level 5- Group C(15) MON RAM SDR TWS	11:00	12:00	FLOOR/ROPE
Opening Ceremony & Awards	12:00	12:30	Awards Level 5, 2 events
Level 6- Group A(18) CAR EUR LAL NIN SDR SGA TWS	12:30	1:45	FLOOR/HOOP
Level 6- Group B(18) BRS CAS CLU MON REG RAM SOC	1:45	3:00	FLOOR/HOOP
Awards Ceremony	3:00	3:20	Awards Level 6, 2 events
Level 4- Group A(14) ARA CLU RWR SDR	3:20	4:30	FLOOR/ROPE/HOOP
Level 4- Group B(15) CAS EUR NIN RAM	4:30	5:40	FLOOR/ROPE/HOOP
Level 4- Group C(14) BRS CAR GSG MON REG	5:40	6:50	FLOOR/ROPE/HOOP
Awards Ceremony	7:00		Awards Level 4, Region 1 Team

Each rotation can begin warm up one hour prior to competition time.

Sunday, April 6	Start	Finish	Event
Gym Opens	8:00 AM		
Level 5- Group C(15)	9:00	10:00	HOOP/BALL
Level 5- Group A(15)	10:00	11:00	HOOP/BALL
Level 5- Group B(16)	11:00	12:00	HOOP/BALL
Awards Ceremony	12:00	12:30	Awards Level 5, Region 1 Team
Level 6- Group B(18)	12:30	1:45	BALL/RIBBON
Level 6- Group A(18)	1:45	3:00	BALL/RIBBON
Awards Ceremony	3:00	3:30	Awards Level 6, Region 1 Team
Level 7- 2 Routines (4)	3:30	3:55	FLOOR/ROPE
Level 3 (26)	3:55	5:00	FLOOR/ROPE/BALL
Level 7- 2 Routines (4)	5:00	5:20	HOOP/RIBBON
Awards Ceremony	5:20		Awards Levels 3& 7

PLEASE NOTE: All coaches must wear club warm-up or polo shirt and athletic shoes.
No high heels or boots will be permitted on the floor. No food or drink in the gym, except water for the athletes.