

2008 Northern California State Championships

Marin Catholic School Freitas Memorial Gymnasium
675 Sir Francis Drake Blvd., Kentfield, CA 94904

March 2nd, 2008

Tentative Competition Schedule (Subject to Change)

Start	Finish	Event
7:30 AM		Gym Opens
8:00 AM	8:30 AM	First Judges Meeting / Breakfast
8:30 AM	10:00 AM	Level 5, Group A (12), CYC, TWS
10:05 AM	11:35 AM	Level 5, Group B (12), ART, GOLD, NIN, RAM, STR
11:40 AM	1:50 PM	Level 6 (17)
1:50 PM	2:30 PM	Judges Break / Second Meeting
2:30 PM	4:10 PM	Level 7, Group A (10), NIN, RAM, RWE, STR
4:15 PM	5:55 PM	Level 7, Group B (10), RWR, TWS
6:00 PM	6:15 PM	Groupes (2) / Judges Break
6:20 PM	8:40 PM	Levels 8 (15)
8:45 PM	10:00 PM	Levels 9-10 (8)

Awards ceremony will be held in the gymnasium lobby right after each level completion.

1. Notes for Coaches:

- Each rotation group will be allowed in the warm up area one hour prior to competition time.
- NO TIMED WARM UP ON MAIN FLOOR
- All music CDs (one per each routine) must be properly marked with the gymnast's name, level, event and team. NO TAPES ARE ALLOWED. All CDs must be presented to the Music Coordinator one hour prior each rotation group competition time.
- High heel shoes and boots are not allowed in the warm up area.

2. Notes for Parents:

- Do not approach main floor and warm up area.
- No flash photography at competition time.
- Please stay seated during athletes routines.

3. Directions to Marin Catholic School Freitas Memorial Gymnasium:

- **From the Golden Gate Bridge:** Follow Hwy-101 over the Golden Gate Bridge and go 4.6 miles. Take the Sir Francis Drake Blvd. exit and wrap under the freeway heading toward San Anselmo. Go 1.2 miles until you arrive at 675 Sir Francis Drake Blvd. You will turn left into the school directly after passing through the Bon Air Drive stoplight.
- **From the Richmond Bridge:** Take I-580 and cross the Richmond Bridge. Take the Sir Francis Drake Blvd. exit (the second one after the bridge) and follow 3.2 miles until you arrive at 675 Sir Francis Drake Blvd. You will turn left into the school directly after passing through the Bon Air Drive stoplight.
- **From the North:** Follow Hwy-101 Southbound through San Rafael and take the Sir Francis Drake Blvd. exit. Go 1.2 miles until you arrive at 675 Sir Francis Drake Blvd. You will turn left into the school directly after passing through the Bon Air Drive stoplight.